Intro fluff: seat, handout. This morning: 2 sessions, 30 mins.

1: identity, value, work, exams, gospel. 2: practical make most of term to grow (Phil)

Jen and I prepare, talk. Both been through (CS Cam, Ed Ed): done well, badly. Useful.

Some no exam: hope still useful (next year, work, future). Supporting others. Engage.

Start: pray. *Hear speak, Cam now. Different react to pressure: speak personally.*

Begin: identity and work in context of exams

All long feel valued: contribute, worth. Self-evident?

Things feel give us value, use define self. Makes sense? Gives value -> make central

Begin by looking at tension, what things people use to define. In groups, q on sheet

Hopefully time: good to hear some of what came out. Shout out and we’ll write up.

Insightful. Key areas: relationships, feel about self, academic achievement.

Major. Used to say this is who I am, this is why I am valued.

2 Underlying concepts: 1: think about self 2: others think of us

Problem: can’t read minds, don’t know others. Honest-can’t understand self!

Subjective: see need for a sure measure external to minds.

Self-worshippers want prove value so external measures to construct value

“If results good then good worker” “if good job then people like me”

But of course not sure: even tests. Search for value outside of self, but in world.

Christians: look to something beyond subjective world. Out sin and subjective world

God’s word. No lie. Is Truth. Authority: create and redeem. Knows us. Revealed self.

Want Scripture shape understand self, world. Objective truth.

What bible say? Jen.

What in context of exams and assessments? 3 to remember.

1: Remember what is objectively true vs what subjective.

Few weeks: only thing how revision going, hours, course don’t know. Shape thinking

Natural to talk about focus, place for listening, supporting.

Care of only think and talk in this way. Shift vertical, “how truth bible (Jen) relate?”

Work, time, outcome: relate to created->fallen->redeemed. Remember obj. true.

2: Remember work derives value from you image bearer, fulfilling role.

Way things set up (tests, handle literature, papers)

-> work value, reflects on creator. Performance.

Turned round, think get value from produced. No.

Work value as produced by image bearer.

Outcome of labours (understand, essays, equations), value point to a creator. THE.

True for creation: beauty as reflects creator (tainted by sin). Relationships.

[child’s drawing?]

This term as work: obeying mandate from creation, God is pleased as work for him.

Remember work derives value from image bearers, not vice versa.

3: Remember while concerned for lots, only responsible for a some

Created finite: only God infinite. Cannot be responsible for all, do not need to be!

Placed each in time and place, specific responsibilities. Called to be best in that sit.

Imagine circle: concerns (may be vast!). Within responsibilities.

In groups: fill in exam-related. What move from C to R?

All humanity created as vice-regents: individuals do that in their situation.

Break 15 mins, more food. After practical term ahead: bible useful!. Back soon.

Talked opportunities for fellowship, rejoice, make gentleness evident. Next.

V6-7 [read]. Worry, anxiety, stress – all face (different). Especially exam season.

Around us people worried about… infectious. Do remember C and R: worry about R!

Don’t do well when anvious (heart rate, concentrate, rest). Get turned round?

Here respond from God to worried Christian. Problem: anxiety. Repsonse: don’t

[v6] Feel powerless-rises. God respond: don’t. Feel helpless: not true! Choose!

Gospel power: sinners, world -> peace! Powerful!

Alternative: [v6-7]. God “says talk to me”. Prayer, invitation to talk, specific requests.

Recognise anxiety, turn it to prayer. Not words or length: bring what’s on mind.

Trust -> pray -> grow in trust. Directs thinking, attitudes, actions

Offer: peace transcends. Sometimes supernatural. Generally knowledge of father.

Know value and peace of talking. Now imagine creator, sustainer, father.

Final [v8]. As study see good things [v8]. Details creation, work of image bearer.

Recognise goodness, be moved, enjoy. Look beyond purpose of exams/assessment.

See Christ in it and praise. Groups to discuss.